Track: 2016-12-17 Velino e Cafornia dal sentiero 5 — **Date: 17/12/2016**

Track: 2016-12-17 Velino e Cafornia dal sentiero 5	**IBP = 149 HKG**
Detected modality = HKG	
IBP index reliability= A	

Total length	18.403 Km
Analyzed distance	18.403 Km
Lineal distance	0.031 Km

Accumulated climb	1568.91 m
Accumulated descent	1569.14 m
Maximum height	2485.63 m
Minimal height	1120.07 m
Climb rate	18.54 %
Descent rate	16.51 %
Positive climb difference per	85.25 m
Negative descent difference per	85.27 m

Total time	9:20:37 h
Time in movement	6:11:54 h
Stopped time	3:08:43 h

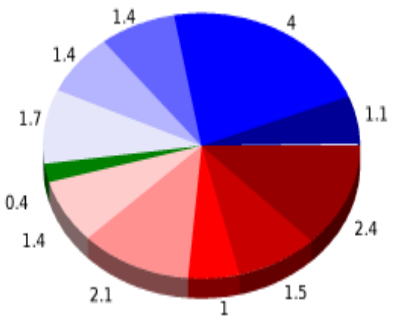
Total speed average	1.97 Km/h
Average speed in movement	2.97 Km/h
Maximum held speed	6.98 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	4672 (cad. 3.94 m)
Significant points	572 (cad. 32.23 m / 12.24 %)
Aberrant points	1409 (30.16 % d. total)

Direction changes per	17.12
Direction changes >5° per	12.99
Accumulated straight stretches	1.773 Km
Straight stretches per	96.34 m
Penalizables slope changes	7
Penalizables slope changes per	0.38

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Summary of slopes

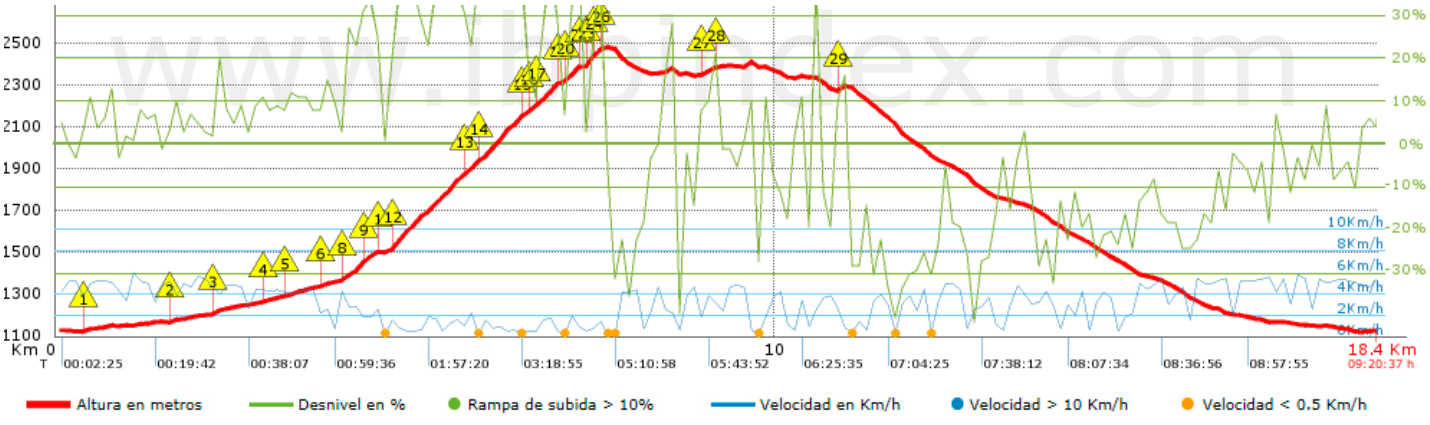


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.4	13.04	1.56	1:32:16
	Between 15 and 30%	1.486	8.07	2.44	0:36:30
	Between 10 and 15%	1.04	5.65	4.1	0:15:13
	Between 5 and 10%	2.095	11.38	3.89	0:32:18
	Between 1 and 5%	1.443	7.84	3.82	0:22:39
	Total :	8.464	45.99	2.55	3:18:56
	Plain				
	Difference of 1%	0.434	2.36	4.65	0:05:36
	Breakdown descents				
	Between 1 and 5%	1.722	9.36	4.57	0:22:38
	Between 5 and 10%	1.357	7.37	4.16	0:19:34
	Between 10 and 15%	1.351	7.34	3.46	0:23:24
	Between 15 and 30%	4.012	21.8	3.17	1:16:03
	Between 30% and 55%	1.063	5.78	2.48	0:25:43
	Total :	9.505	51.65	3.41	2:47:22
	Total track :	18.403	100 %	2.97	6:11:54

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.398	11 %	105 m
2	1.573	13 %	95 m
3	2.154	15 %	122 m
4	2.843	11 %	102 m
5	3.161	12 %	166 m
6	3.699	15 %	95 m
7	3.954	16 %	33 m
8	3.988	28 %	319 m
9	4.307	27 %	124 m
10	4.43	25 %	31 m
11	4.618	20 %	34 m
12	4.652	35 %	1011 m
13	5.663	29 %	245 m
14	5.908	37 %	552 m
15	6.46	28 %	91 m
16	6.551	23 %	120 m
17	6.671	35 %	277 m
18	6.948	28 %	30 m
19	6.978	15 %	92 m
20	7.07	33 %	158 m
21	7.228	15 %	124 m
22	7.352	37 %	29 m
23	7.381	39 %	92 m
24	7.472	32 %	63 m
25	7.535	40 %	30 m
26	7.565	32 %	29 m

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 27	8.961	18 %	162 m
 28	9.123	21 %	30 m
 29	10.865	20 %	123 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	4384.497	23.83	1:36:49	2.72	1:38:12	3:15:01	1.35
2000	1570.721	8.54	0:44:09	2.13	0:31:43	1:15:52	1.24
1750	1972.058	10.72	0:47:39	2.48	0:27:41	1:15:20	1.57
1500	2208.598	12	0:53:11	2.49	0:25:10	1:18:21	1.69
Total :	10.136 Km	55.08 %	4:01:48 h	2.52 Km/h	3:02:46 h	7:04:34 h	1.43 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.827	0:02:26	1358	0:57:10	0:57:10	3.827
4.461	0:08:28	1503	1:15:08	0:17:58	0.635
4.775	0:04:03	1557	1:33:33	0:18:25	0.313
4.868	0:03:21	1598	1:41:46	0:08:13 < 10´	0.093
4.99	0:02:48	1644	1:48:47	0:07:01 < 10´	0.122
5.331	0:03:45	1756	2:03:55	0:15:08	0.341
5.786	0:13:54 > 10´	1911	2:24:16	0:20:21	0.456
6.157	0:03:56	2037	2:52:29	0:28:13	0.371
6.277	0:07:40	2083	3:01:18	0:08:49 < 10´	0.12
6.428	0:05:32	2134	3:13:23	0:12:05	0.151
6.49	0:03:12	2161	3:20:34	0:07:11 < 10´	0.062
6.642	0:03:51	2198	3:28:18	0:07:44 < 10´	0.152
6.853	0:04:14	2268	3:40:57	0:12:39	0.211
7.011	0:15:36 > 10´	2318	3:49:54	0:08:57 < 10´	0.159
7.257	0:03:56	2386	4:12:53	0:22:59	0.246
7.411	0:02:24	2416	4:20:51	0:07:58 < 10´	0.154
7.594	0:39:13 > 10´	2479	4:29:57	0:09:06 < 10´	0.183
8.081	0:04:46	2382	5:20:16	0:50:19	0.486
8.578	0:03:07	2381	5:33:05	0:12:49	0.498
9.638	0:11:30 > 10´	2408	5:54:17	0:21:12	1.059
10.16	0:03:07	2339	6:17:32	0:23:15	0.522
10.865	0:02:13	2272	6:37:16	0:19:44	0.705
10.988	0:08:06	2297	6:41:57	0:04:41 < 10´	0.123
11.241	0:03:05	2237	6:55:16	0:13:19	0.253
11.556	0:04:27	2147	7:04:25	0:09:09 < 10´	0.314
12.115	0:04:09	1976	7:19:47	0:15:22	0.559
12.648	0:02:28	1877	7:31:12	0:11:25	0.533
13.068	0:03:25	1766	7:43:03	0:11:51	0.42
13.883	0:02:59	1640	8:01:45	0:18:42	0.815
14.304	0:03:31	1559	8:11:28	0:09:43 < 10´	0.421
14.666	0:03:31	1481	8:20:34	0:09:06 < 10´	0.362
Total :	3:08:43 h				

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